

14<sup>th</sup> Annual  
**ST. JOE RIVER RACES**

**September 23<sup>rd</sup>, 2017**

The 14<sup>th</sup> year of **Canoe and Kayak Races on the St. Joe River** in South Bend!

- **Solo Paddling Race** – 3 and 7.2 mile solo paddling events in the morning.
- **Team Paddling Race** – 3 and 7.2 mile team paddling events in the afternoon.

**BACK BY POPULAR DEMAND:**

- **Biathlon (Run-Paddle Challenge)** – Winners based on cumulative time between 5K run and 3-mile paddle. Paddle may be completed solo or as a team at 10am. Special recognition for “Iron People” who complete all races.
- **5K Running Race** – Running course may be completed alone without participating in paddling events.

**Schedule of Events**

7:30 AM – Registration Opens  
8:30 AM – Pre-Race Meeting  
8:45 AM – 5K Running Race Start  
10:00 AM – 3 Mile & 7.2 Mile Solo/Biathlon Paddling Race Start\*  
12:00 PM – Run-Paddle Challenge and Individual Awards  
1:00 PM – 3 Mile & 7.2 Mile Team Paddling Race Start\*\*



**Run Course Description:** Race starts and finishes in Veteran’s Park boat launch parking lot. Starts heading west (downstream) on river walk 1.5 miles to Howard Park footbridge turnaround.

**Paddling Course Description:** Race starts and finishes at the Veterans Park boat launch. All racers begin downstream to Howard Park footbridge turnaround. All racers return to boat launch for 3-mile finish time. 7.2-mile racers continue upstream around Kamm’s Island (counterclockwise) and return to boat launch for finish.

**\*Solo classes include:**

Racing Canoe – C1 (USCA specs)  
Production Canoe (most other canoes)  
Open Racing Kayak – K1 (ICF and Unlimited)  
Other Racing Kayaks as necessary (USCA specs)  
Recreational Kayak (plastic, short, heavy)

**\*\*Team classes include:**

4 Person Canoe or Kayak – C4, K4 (Unlimited)  
2 Person Canoe – C2 (Pro Boats/Racing Canoes)  
2 Person Rec Canoe – (aluminum and non-racing canoes)  
Family Class – (more than 2 family members)

**Entry fee - \$20 per person (covers all races)**

**Register Online – <http://tinyurl.com/2017RaceRegistration>**

For more information and course maps visit: <http://tinyurl.com/StJoeRiverRaces>  
Or contact Matt Meersman at: [paddleheadz@gmail.com](mailto:paddleheadz@gmail.com)

**Proceeds benefit the Friends of the St. Joe River Association ([www.FotSJR.org](http://www.FotSJR.org))**